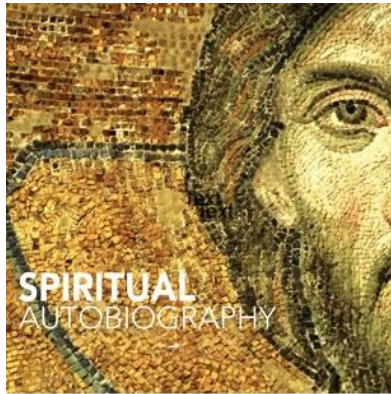




St. Thomas Episcopal Church

233 MANN DR., CHESAPEAKE, VA 23322

Our 2025 Lenten University / Supper Series
Spiritual Autobiography



WHEN: *Sunday Nights in Lent, beginning March 9, 2025*

5:00 pm Dinner

5:45 pm – 7:50pm Program

7:50 pm – Compline / Prayers

WHERE: *St Thomas Episcopal Church, Taylor Hall*

WHAT: Join us for five Sunday nights in Lent as we explore how God has been at work in our lives; in big ways and small ways, in seen and unseen ways. Reflecting on our faith journey can us help understand our past, our present and even where the Spirit might be leading us next – and it can help to create profound connections with our fellow travelers along the way.

Led by the Rev Mark+ with special guests including Bishop Susan, Rev. Todd, Rev. Canon Mary, and Mrs. Alzie, each night we will gather for a simple supper, followed by a presentation and then small group discussion. Parallel programming for High School Youth and Youth Confirmation class will join us. Nursery care available for ages up to 5 yrs.

WHO: All are welcome.

Invite: This is a great opportunity to **INVITE** friends, coworkers, neighbors who are spiritual but not religious or seeking connection. At St Thomas this offering more so, is a totally safe space to come and ask those kinds of questions and listen / share stories. All Are Welcome, No Exceptions.

Can't make it every Sunday? No worries. Join us as you are able.

Not comfortable telling your story? No worries. At St. Thomas we only share what we choose to share. We create, by mutual covenant, a judgement free zone.

Questions: Speak to or email

Rev. Mark+ rev.mark@stthomaschesapeake.org

Lenore Whitehurst whitehurst3@gmail.com

Vicki Baxter VWBUGSILVER@yahoo.com

Testimonials from past participants (different churches) (next page)



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Testimonials from past participants (different churches) ...

- *The class opened me up to ways God is working in my life that I hadn't considered.*
- *I experienced sacred space as we shared our spiritual journey.*
- *Very powerful. The perfect Lenten experience- rich in reflection, love, learning, and sharing with others.*
- *This experience brought me closer to God.*
- *This was the best class I have ever taken at this church!*
- *It was truly a blessing, please tell everyone how much we appreciated the hard work that went into it.*
- *I was amazed at how open and candid people were, it gave me permission to trust.*
- *Coming to this class became the highlight our week. It gave me and my husband so much to talk about together.*
- *Truly enriched my faith. Made me think of things I had not thought about in a long time.*
- *It has helped heal some wounds. Thank you. It taught me so much about my journey.*
- *The honesty of the presenters and the compassion of the listeners was amazing.*
- *I feel a renewed awareness of how valuable my faith is to me.*
- *I wasn't sure what it was all about at first, but I'm so very glad I was part of it!*
- *I learned that there is a pattern to my life that repeats itself, good and bad. By recognizing this, I can be more aware of opportunities to move toward redemption in all situations whether it is relationships with people or events. Of course we see this throughout the Bible, but I hadn't seen this pattern in my life before this exercise.*
- *I gained a new appreciation and awareness that everyone has a story and everyone is deserving of loving kindness.*
- *I was really in touch with the fact that no matter what age we are we are all continuing to seek out God and be full of grace.*